



Clinicians worldwide wrestle with the task of implementing the interventions that have proved successful in research studies. The challenges are multiple: different motivations, including financial incentives; different behaviours due to the environment, time or beliefs; and the capability of patients, families and clinicians.

Implementation studies, such as FRESH AIR, are trying to find out how best to carry out well-evidenced effective interventions in a range of healthcare settings with fewer resources. They try to ask two questions: what is the essence of the intervention that must not be changed, regardless of the setting; and then how best to implement it, in terms of knowledge sharing, education, training, improvement practice and organisational development.

Data collection is essential to answer these questions, and this newsletter focuses on some of the methods FRESH AIR has been using.

SPOTLIGHT

Clinical and economic assessment of chronic respiratory disease in FRESH AIR countries

FRESH AIR teams in Kyrgyzstan, Uganda, Vietnam and Greece are

helping to raise awareness of the impact and prevalence of chronic respiratory diseases by collecting national clinical and economic data.



[Read more](#)

Lung function testing in FRESH AIR countries

Spirometry testing is an important tool in the diagnosis and ongoing management of chronic respiratory conditions. FRESH AIR is using training and new technologies to bring this tool to more people in low and middle income countries.



[Read more](#)

The FRESH AIR project in Greece

The FRESH AIR team visited Crete in summer 2016 to carry out research on how chronic respiratory diseases are affecting the island's population.



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UPDATE

FRESH AIR project manager

FRESH AIR Project Manager, Rianne MJJ van der Kleij of Leiden University Medical Centre (LUMC) is now on maternity leave.

In her absence, her colleague, Marise Kastelyn, will be the new FRESH AIR Project Manager. Marise is a postdoctoral researcher at the Department of Public Health and Primary Care and the Department of Pulmonology, LUMC. Her research focuses on eHealth, chronic diseases (including COPD and asthma), quality of life, tailored support and primary care.



This newsletter is part of the Free Respiratory Evaluation and Smoke-exposure reduction by primary Health cAre Integrated gRoups (FRESH AIR) project, which has received funding from the European Union, under the framework of Horizon 2020.

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